



LAVRA Cup

The Velodrome at The Home Depot Center
Carson, CA
February 20, March 13, April 3, May 1,
June 19, and July 24



Held under USA Cycling Permit Number 2010 -

Save by registering online at - <http://www.socalreg.com>

(socalreg charges administrative fee)

Pre-registration closes the Thursday prior to the event at midnight

**RIDERS ARE STRONGLY ENCOURAGED TO RENEW ANNUAL RACING LICENSE PRIOR TO EVENT ONLINE
AT <http://usacycling.org/> AND ARE REMINDED TO BRING AUTHORIZATION TO RIDE AS PROOF OF
RENEWAL**

Location/Directions/Parking: The Velodrome is located at the Home Depot Center (HDC) in Carson, CA. See www.homedepotcenter.com for driving directions. Limited free parking is available in The Velodrome parking lot. Additional parking is available in adjacent Cal State University Dominguez Hills remote parking lots for a fee.

To be eligible for mass start races, you must have a valid current USA Cycling license and be a track Category 1 or 2 or already hold a Velodrome Certification. Velodrome Staff must certify all other racers the day of the race. A free accreditation clinic will be offered at 2 pm. Riders must successfully complete the accreditation clinic in order to be certified to race.

Certification is recommended but not required for time trial participants; those who are not Velodrome Certified may not warm up on the track and should bring a trainer or rollers.

Additional accreditation opportunities are available - see <http://LAVelodrome.org>.

No one-day licenses will be issued for mass start races. Junior gears will be enforced.

A 2010 LAVRA Cup will be awarded for each category based on the results from 4 of 6 events. To be eligible for the LAVRA Cup, riders must participate in at least 4 LAVRA Cup events. The highest 4 omnium scores will be counted for each rider participating in more than 4 events. LAVRA Cup winners will receive a trophy and jersey. Points earned in one category are not transferable to another. SEPARATE LAVRA Cups will be awarded for men and women.
(LAVRA Cups will not be awarded for the Madison.)

CATEGORIES:

Men 1/2/3

Women 1/2/3

Masters 45+

Masters 55+

OMNIUMS & MADISON

Racing begins at 3pm

Registration 1:30 pm - 2:30 pm

Track opens for warm up at 2 pm and may close for the Accreditation Clinic

Omnium Entry Fee: \$20 plus track usage fee

Madison Entry Fee: \$10 per rider

Day-of race registration adds \$5 per session

Race No.	Category	Event	Distance	Prize
	Masters 55+	Scratch Race	20 Laps	\$50/\$40/\$30
	Men Cat 1/2/3	Tempo Race	30 Laps	\$100/\$80/\$60
	Masters 45+	Scratch Race	20 Laps	\$50/\$40/\$30
	Women 1/2/3	Tempo Race	20 Laps	\$100/\$80/\$60
	Masters 55+	Tempo Race	20 Laps	
	Men Cat 1/2/3	Points Race	60 Laps	
	Masters 45+	Tempo Race	20 Laps	
	Women 1/2/3	Points Race	40 Laps	
	Masters 55+	Points Race	40 Laps	
	Men Cat 1/2/3	Scratch Race	40 Laps	
	Masters 45+	Points Race	40 Laps	
	Women 1/2/3	Scratch Race	20 Laps	
		Break		
		Madison ⁽¹⁾	120 Laps	\$100/\$80/\$60

Other Information:

- Registration is located on concourse.
- Track Usage Fees are also required by the Home Depot Center in addition to LAVRA Entry Fees. Track Usage Fees are \$20 per session or riders can purchase a 10-session card for \$160. Annual “unlimited use” cards are also available. Riders can reduce Track Usage Fees to \$10 per session by volunteering at LAVRA, USA Cycling, UCI or other events held at The Velodrome. See <http://LAVelodrome.org> for volunteer opportunities. Riders shall be identified as volunteers by the Velodrome Director. Junior Track Usage Fees are \$10 unless otherwise specified by the Velodrome Director. Track Usage Fees are paid day of race.
- Riders must wear their race numbers at all times when on the track surface, including warmup.
- Riders who qualify for a second omnium category pay \$10 for the second race, after paying the higher Entry Fee.
- The promoter reserves the right to shorten any of the race distances or modify the event to fit the field.
- The points race sprints will occur every 10 laps unless otherwise posted.
- The madison sprints will occur every 20 laps.
- All mass start fields are limited to 24 riders.
- Rental bikes are not available for racing.
- Please do not cross the track surface unless directed to do so by Velodrome Director, Officials, or race promoter. Use south entrance for bikes and gear.
- Check WWW.LAVelodrome.org for current parking information and race updates.

⁽¹⁾ Madison riders must have previous Madison race experience and/or be approved by the Velodrome Director and race promoter.